



# Client Intake Form

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-Mail Address \_\_\_\_\_ Gender: Male \_\_\_ Female \_\_\_

Date of Birth \_\_\_\_\_ Social Security No. \_\_\_\_\_

May I leave you a message? Home Phone \_\_\_ Cell Phone \_\_\_ E-Mail \_\_\_ Text \_\_\_

## Medical History

Name of Primary Care Physician \_\_\_\_\_

Physician Address \_\_\_\_\_ Telephone \_\_\_\_\_

Many managed care organizations require that we have interaction with the client's physician to coordinate care. Do we have your permission to discuss your care with the above listed physician?  
Yes \_\_\_\_\_ No \_\_\_\_\_

Please sign here for either answer \_\_\_\_\_

Current medications:

1) \_\_\_\_\_ Dosage/Frequency \_\_\_\_\_ Start Date \_\_\_\_\_

2) \_\_\_\_\_ Dosage/Frequency \_\_\_\_\_ Start Date \_\_\_\_\_

3) \_\_\_\_\_ Dosage/Frequency \_\_\_\_\_ Start Date \_\_\_\_\_

4) \_\_\_\_\_ Dosage/Frequency \_\_\_\_\_ Start Date \_\_\_\_\_

Prescribed by \_\_\_\_\_

Have you ever been hospitalized for medical or psychiatric reasons? Yes \_\_\_ No \_\_\_

Hospital	Month/Year	Reason
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Medical History Continued:**

Please describe any important medical history, chronic ailments, or other health problems you have:

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Please describe any other health problems, psychiatric conditions, or important medical history of your immediate family or close relatives:

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If you are age 13 or older you have privilege over your medical and psychological history. This means that any statements made by you during the course of therapy are confidential and can only be shared with others with your permission. The only exceptions to this are if you intend you harm yourself or someone else, child abuse (abuse being done to you or by you, or to another person under the age of 18), or abuse of a vulnerable adult. It is sometimes useful if I can share your therapy progress with your parents or guardians, however this is entirely up to you.

Do I have permission to share your progress in therapy.  Yes  No If yes, please indicate who I may share this information with:

Mother  Father  Step-Parent  Other (please list) \_\_\_\_\_

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Signature

Print your name

Date

## Social History

Who may I contact in case of emergency?

Name: \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Do you experience any academic problems while in school?

Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please explain: \_\_\_\_\_

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What was the last year of school you completed? \_\_\_\_\_ What school are you attending now?

\_\_\_\_\_ Grade / Year \_\_\_\_\_

How would you describe your current support network, i.e., friends, relatives, etc.: \_\_\_\_\_

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Please check all information which applies to your biological parents:

Mother	_____ living	Father	_____ living
	_____ deceased		_____ deceased
	_____ married		_____ married
	_____ divorced		_____ divorced
	_____ remarried _____ # times		_____ remarried _____ # times

Do you consider someone else (step-parent, grandparent, etc.) to be your "real" parent? If so, please explain: \_\_\_\_\_

With whom do you live now? \_\_\_\_\_

Describe your relationship with your mother while growing up: \_\_\_\_\_

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Currently: \_\_\_\_\_

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**Social History Continued:**

Describe your relationship with your father growing up: \_\_\_\_\_

Currently: \_\_\_\_\_

Describe any family problems which occurred while growing up related to alcohol/drug abuse or problem gambling: \_\_\_\_\_

Physical / sexual / or emotional abuse: \_\_\_\_\_

Please list the names and ages of your siblings.

Name	Age	Relationship (natural, step, half, etc.)
_____	_____	_____
_____	_____	_____
_____	_____	_____

Others living at home with you:

Name	Age	Relationship	Grade/Occupation
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

## Mental Status

Please check any of the following that describe how you have been feeling lately:

sad  anxious  depressed  frightened  guilty  angry  ashamed  aggressive  
 resentful  worthless  tearful  irritable  confused  extreme ups and downs  
 jealous  hopeless  helpless

Describe any other feelings you have: \_\_\_\_\_

Please check any of the following risk-taking behaviors you have engaged in:

street racing  gang involvement  skip school  dropped out  cutting   
 dangerous dieting  stealing  unprotected sex  running away  bullying others  
 fire starting  hurt animals  restrict or restricted eating  over exercise  gambling

Please check any of the following alcohol / drugs that you are currently or have previously used:

beer  Wine  hard liquor  pot  cocaine  heroin  Ecstasy  speed  
 over-the-counter drugs  prescription drugs  other (please list) \_\_\_\_\_

Have you had any change in sleeping habits?  Yes  No If yes, describe: \_\_\_\_\_

Have you had a change in eating habits?  Yes  No If yes, describe: \_\_\_\_\_

Have you ever considered suicide in connection with your current problem?  Yes  No

If yes, is it just an idea, or have you made a plan on how to kill yourself?  Yes  No

If yes, please describe: \_\_\_\_\_

Have you ever considered suicide in the past?  Yes  No If yes, please explain: \_\_\_\_\_

**Mental Status Continued:**

Have you attempted suicide recently or in the past?  Yes  No If yes, please briefly explain with dates: \_\_\_\_\_

Have you had any homicidal thoughts recently or in the past?  Yes  No If yes, please explain the circumstances: \_\_\_\_\_

**Level of Functioning**

List or describe any current impediments or problems in daily psychological, social or occupational functioning (i.e. isolation from friends/family, significant difficulty getting to work or school, completing daily tasks, severe financial strain, recent divorce, and problems with teacher, supervisor, etc.):

**Thoughts**

Please check any of the following that apply to me:

I sometimes hear voices even though no one nearby is talking to me.

I sometimes feel forces outside of me control me.

I sometimes feel other people control my thoughts.

I sometimes have the same thought over and over and cannot control it.

I sometimes feel someone is out to hurt me or do something against me.

I sometimes cannot control my behavior. Please explain: \_\_\_\_\_

**Mental Status continued:**

What activities or hobbies do you participate in? \_\_\_\_\_

Do you participate in regular exercise? \_\_\_\_ Yes \_\_\_\_ No If yes please describe: \_\_\_\_\_

How much time do you spend online or gaming? \_\_\_\_\_

Is there any other information regarding you or your family that you would like to share with your Therapist that is not covered on this form? You may also use this space to complete earlier responses.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list your therapy goals:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Thank you!

History completed by: \_\_\_\_ Client \_\_\_\_ Parent/Guardian \_\_\_\_ Both \_\_\_\_ Other (please describe) \_\_\_\_\_

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date